

Online

In real life

Both



Punching someone



Calling someone names



Pushing someone



Sending a nasty email



aware *resource 1*



Sending a nasty text message



Laughing at someone's appearance



Spreading a rumour



Pulling someone's hair



Telling someone they're rubbish at something



Breaking someone's property



Leaving someone out of a game



Making nasty comments about someone's photos



Ruin a game someone is playing





